

## Nude Food Lunchbox Ideas

### Cheese Blocks

Cheese is a healthy and delicious snack. By buying the big blocks you are saving a lot of plastic ending up in the ocean. All you need to do is slice the block in a way of your choosing, pack it in a reusable container and then you are set. The big blocks still come in plastic but it is a lot better than each piece of cheese being wrapped in its own plastic wrapper.



### Yoghurt Pots

Yoghurt is a great nutritious snack. Instead of buying squeezezy yoghurt pouches you can buy recyclable pots like the ones below. In a reusable container pour some yoghurt in and then enjoy your environmentally friendly snack.

